

The **SOCIAL MEDIA** *Conversation* TO HAVE WITH YOUR KIDS

1. **Nothing** is ever really private or permanently deleted.
2. Some things are better said face to face.
3. There are real people with feelings behind every avatar.
4. It's okay to disagree with someone's opinion, but kindness always wins.
5. Don't let negative comments to your pictures, statuses, or no likes at all change how you feel about yourself.
6. It's easier to attain a bad online reputation than a good one.
7. Avoid Drama.
8. Don't ever mention your location.

Be sure to implement a day of rest from Social Media.

~Kristen Welch
#RaisingGratefulKids